

# UROLOGY

## teaching day



***at Villa Borghese,  
70 Widmer Rd.,  
Wappingers Falls, NY 12590***

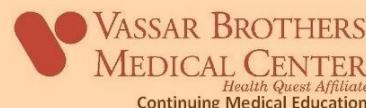
Vassar Brothers Medical Center & Premier Medical Group endeavor to bring you the Annual Urology Teaching Day. This activity is designed for physicians and allied health professionals in family practice, internal medicine, oncology, and urology, who care for patients with bladder cancer, prostate cancer, and renal cell carcinoma.

**Thursday, April 30, 2015 • 2:00pm-6:30pm**

**REGISTER ONLINE!** <https://cmetracker.net/HQ/Catalog>



HEALTH **HQ** UEST



# Urology Teaching Day



**PREMIER CARES**  
FOUNDATION



PREMIER  
*medical group*

## ABOUT US

**Premier Medical Group** represents the union of four highly respected medical groups: Hudson Valley Urology, Mid-Hudson Urologic Associates, GI Associates, and New Century Medical Associates. This union offers comprehensive, integrated care providing patients with access to state-of-the-art procedures, advanced technology, excellent customer service and medical expertise. Eleven experienced urologists provide a full range of treatment for urological care, nine highly trained gastroenterologists focus on digestive tract disorders, and nine internal medicine physicians offer years of experience in the fields of general internal medicine, pulmonology, endocrinology, nephrology, geriatrics, family practice, and pediatrics. In 2014, Premier also opened its new Rheumatology and Podiatry divisions, expanding our scope of care. The expertise of our physicians is complemented by the availability and experience of our allied professionals including physician assistants and nurse practitioners. Premier Medical Group also has the distinction of being one of the largest providers of clinical research in the Hudson Valley. At Premier, patients are afforded more than just great medical care; they are provided exceptional customer service and consideration. Patients can also be assured that every effort is made to see them on time. Now when you need a specialist, you have the option of going to a “specialty” medical practice. The physicians at Premier Medical Group know there is a tremendous value to working together and bringing specialty care to their patients in one place. With offices in Poughkeepsie, Fishkill, Rhinebeck, Kingston, Newburgh, New Windsor, and Montgomery, there is no need to travel for the specialty care you deserve.

The physicians at Premier Medical believed that part of their professional obligation is to support the community in which they live and practice. With the changing economy, more people than ever are limited in their ability to get the medical supportive services that they need and deserve. **Premier Cares Foundation** is a fully credited tax-exempt 501 (C)(3) organization. Premier Cares Foundation wants to ensure that no one goes without diagnosis and treatment of urologic & gastrointestinal conditions. The mission of the Foundation is to provide support and education to individuals in our community lacking sufficient funds to address significant health issues including prostate and colon cancer, and other diseases and conditions.

## ACKNOWLEDGMENTS

### Special Thanks To:

*Premier Medical Group, Urology Division*

*Naeem Rahman, M.D., Education Co-Director*

*Evan Goldfischer, M.D., MBA, Co-CEO  
Premier Medical Group, Chairman of the  
Board of Directors, Premier Cares  
Foundation, Education Co-Director*

*The Staff of Vassar Brothers CME*

*The Administrative Staff of Premier  
Medical Group, Urology Division*

*Premier Cares Foundation*

# Urology Teaching Day

## General Information

### Program Description

Vassar Brothers Medical Center & Premier Medical Group endeavor to bring you the Annual Urology Teaching Day. This activity is designed for physicians and allied health professionals in family practice, internal medicine, oncology, and urology, who care for patients with bladder cancer, prostate cancer, and renal cell carcinoma. Each of the presenters will allow ample time for questions and comments, inviting participants to reflect on the information which has been shared. This advanced professional conference provides "Cutting Edge" information, reviewing the latest advances in clinical strategies for diagnosis, staging, treatment, and follow-up of bladder cancer, prostate cancer, and renal cell carcinoma. The course will explore new insights into treatment approaches in patients with locally advanced and metastatic bladder, prostate, and renal cell cancers.

### Course Objectives

Following the completion of this conference, attendees should be able to:

1. Describe the standard of care treatment for patients with locally advanced and metastatic prostate, bladder, and renal cell cancers.
2. Review new treatment paradigms and medication for treating prostate, bladder, and renal cell cancers.
3. Describe how to prevent burnout in caregivers and find joy in providing health care.

### Accreditation

Vassar Brothers Continuing Medical Education is accredited by the Medical Society of the State of New York (MSSNY) to provide Continuing Medical Education for physicians.

### AMA Credit Designation

Vassar Brothers Continuing Medical Education designates this live educational activity for a maximum of **3.50 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Physicians should only claim credit as faculty for presentations that are original and presented for the first time.

### Nursing Accreditation

Contact Hours

3.50 CME = 3.50 contact hours

<http://www.nursecredentialing.org/RenewalRequirements.aspx>

This event will offer a total of 3.50 Contact Hours.

### AAPA Accreditation

AAPA accepts certificates of participation for educational activities certified for Category 1 from AOACCME, prescribed credit from AAFP, and AMA/PRA Category 1 Credit<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum 3.50 of Category 1 credit for completing this program.

### Americans With Disabilities Act

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us to better serve you. Please notify us of your needs in advance of the program. Thank you.

### Disclosure

In accordance with the disclosure policies of Vassar Brothers CME, the effort is made to ensure balance, independence, objectivity and scientific rigor in all educational activities. These policies include resolving all conflicts of interest between faculty and commercial interests that might otherwise compromise the goal and educational integrity of this activity. All faculty members participating in this activity have disclosed all significant relationships – financial or otherwise – with the manufacturers or providers of products or services mentioned in the activity. The planners of this activity have reviewed these disclosures and have determined that the faculty relationships are not inappropriate in the context of their respective presentations and are consistent with the educational goals and integrity of the activity.

Thus far the planners and faculty participants do not have any financial arrangements or affiliations with any commercial entities whose products, research or services may be discussed in these materials.

Thus far no commercial funding has been accepted for the activity.

### Directions

**From the New York State Thruway, Interstate 87** (cars, buses, trucks)  
Take NY State Thruway to Exit 18. Take Route 229 East to Route 9W South. Follow signs to Mid Hudson Bridge.

After toll take Route 9 South (Towards Wappingers Falls).  
Go approximately 8 miles South (Pass Poughkeepsie Galleria).  
Stay in left lane. Turn left onto county Route 104 (New Hackensack Road).  
Travel 3/10 of a mile to top of hill. Turn right onto Widmer road. Villa Borghese is located .5 mile on the right.

**From Interstate 84** (cars, buses, trucks)  
Take Exit 13 (Route 9 – Poughkeepsie). Travel North on Route 9 for 5.5 miles. Follow sign for Home Depot, turn right onto County Route 104 (New Hackensack Road). Travel 3/10 of a mile. Turn right onto Widmer road. Villa Borghese is located .5 mile on the right.

**From the Taconic State Parkway southbound** (cars only)  
Take the exit for Route 44 (Poughkeepsie).  
Turn right onto Route 44 West. Go 8.5 miles.  
Bear right onto Routes 44/55 West. Go 2.5 miles.  
Turn right just before the Mid-Hudson Bridge onto Route 9 South (Wappingers Falls). On the exit ramp, bear left to go south on Route 9. Go approximately 8 miles South (Pass Poughkeepsie Galleria).  
Stay in left lane. Turn left onto county Route 104 (New Hackensack Road).  
Travel 3/10 of a mile. Turn right onto Widmer road. Villa Borghese is located .5 mile on the right.

**From the Taconic Parkway northbound** (cars only)  
Take the exit for Route 55 West (Poughkeepsie).  
Bear right onto Route 55 West. Go 8.5 miles.  
Turn right just before the Mid-Hudson Bridge onto Route 9 South (Wappingers Falls). On the exit ramp, bear left to go south on Route 9. Go approximately 8 miles South (Pass Poughkeepsie Galleria).  
Stay in left lane. Turn left onto county Route 104 (New Hackensack Road).  
Travel 3/10 of a mile, Turn right onto Widmer road. Villa Borghese is located .5 mile on the right.



# Urology Teaching Day

## Faculty

### Education Directors



**Naeem Rahman, MD**  
*Urologist*  
*Premier Medical Group of the Hudson Valley*

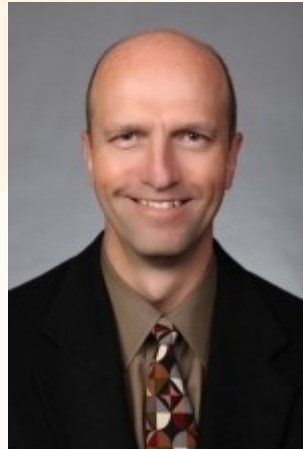


**Evan Goldfischer, M.D., MBA**  
*Co-CEO Premier Medical Group, Chairman of the Board of Directors, Premier Cares Foundation*

### Presenters



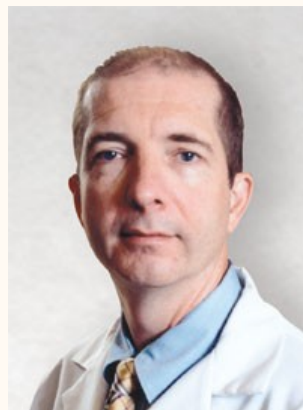
**Patch Adams, MD**  
*Founder of Gesundheit Institute*



**Bryan Mehlhaff, MD**  
*Urologic Oncologist*  
*Urologist*  
*Research Medical Director*  
*Oregon Urology Institute*



**Matt Galsky, MD**  
*Associate Professor, Medicine, Hematology and Medical Oncology*  
*Assistant Professor Urology*  
*Mount Sinai Hospital*



**Robert J. Motzer, MD**  
*Medical Oncologist*  
*Memorial Sloan Kettering*



**William Oh, MD**  
*Chief, Division of Hematology and Medical Oncology*  
*Professor of Medicine and Urology*  
*Ezra M. Greenspan, MD Professor in Clinical Cancer Therapeutics, Icahn School of Medicine at Mount Sinai*  
*Associate Director of Clinical Research, The Tisch Cancer Institute*

# Urology Teaching Day

## Schedule

**2:00pm—2:30pm**      **Registration**

**2:30pm—2:35pm**      **Welcome**

—Evan Goldfischer, M.D., MBA, Co-CEO Premier Medical Group,  
Chairman of the Board of Directors, Premier Cares Foundation

**2:35pm—3:15pm**      **Prostate Cancer**

—William Oh, MD

**3:15pm—3:55pm**      **Sunitinib and Targeted Therapy for Renal Cell Cancer**

—Robert J. Motzer, MD

**3:55pm—4:30pm**      **Break**

**4:30pm—5:10pm**      **Prostate Cancer**

—Bryan Mehlhaff, MD

**5:10pm—5:50pm**      **Bladder Cancer**

—Matt Galsky, MD

**5:50pm—6:30pm**      **Joy of Caring**

—Patch Adams, MD



## Online Resources

During the conference, the full digital syllabus will be available on the conference webpage: <http://vbmc.libguides.com/2015urology> You can view and take notes on this PDF syllabus on your mobile device through the free Adobe Reader app downloadable at <http://www.adobe.com/products/reader-mobile.html>.

Keep up-to-date on what other Vassar Brothers CME activities are offered on our website: <http://vbmc.libguides.com/CME>

On staff with Health Quest? Need research or information? Check out the Health Quest Knowledge Resources website: [infoDispensary](http://vbmc.libguides.com/infoDispensary) at <http://vbmc.libguides.com>



## Social Media

Follow Vassar Brothers CME on Social Media:



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[Vassar Brothers CME](https://www.pinterest.com/VassarBrothersCME)

# Urology Teaching Day

## REGISTRATION

**Thursday, April 30, 2015**

<b>Name (Please Print)</b>	<b>Title (Credentials)</b>
<b>Address</b>	<b>City /State /Zip</b>
<b>Phone</b>	<b>E-mail (please print )</b>

**Organization/Hospital/Affiliation**



*GO GREEN Presentation slides will be accessible online from your mobile device; if you prefer a hard copy please check : ☐ I would like a hard copy of slide notes*

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**Mail to:**  
**CME, Vassar Brothers Medical Center**  
**45 Reade Place**  
**Poughkeepsie NY 12601**

**E-Mail to:**  
**rbaker1@health-quest.org**

**Fax to:**  
**845-483-6249**

**or**

**REGISTER ONLINE:**  
**<https://cmetracker.net/HQ/Catalog>**



**For further information,**  
**e-mail: [rbaker1@health-quest.org](mailto:rbaker1@health-quest.org)**  
**or**  
**call: [845-483-6013](tel:845-483-6013)**

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