


5th annual **BREAST CANCER** symposium

Thursday, October 1, 2015 • 11:30am-5:00pm

At The Grandview, 176 Rinaldi Blvd., Poughkeepsie, NY 12601



Vassar Brothers Medical Center's 5th Annual Breast Cancer Symposium is a half-day course during which an expert faculty of clinicians at the forefront of the field will present a broad review of the management of women with breast cancer. This symposium is intended for health care providers in all specialties caring for breast cancer patients.

REGISTER ONLINE! <https://cmetracker.net/HQ/Catalog>

Breast Cancer Symposium

General Information

Course Objectives

Following the completion of this conference, attendees should be able to:

1. Analyze the effect of overweight and obesity on the risk of mortality among women with breast cancer
2. Describe the process and purpose of genetic modification/engineering (GMO/GE) in foods
3. Describe the benefits of exercise for the breast cancer patient
4. Summarize recent advances in the development and clinical application of cancer immunotherapy in breast cancer
5. Apply principles of critical thinking to screening recommendations from experts and peers in the radiological sciences, and other members of the breast care team
6. Describe available clinical studies for young patients with breast cancer
7. Learn advanced surgical techniques for performing oncology safe for nipple sparing and skin sparing mastectomies
8. Identify the psychological, biological, and relational changes in sexual self-esteem that result due to breast cancer diagnosis and treatment

Accreditation

Vassar Brothers Continuing Medical Education is accredited by the Medical Society of the State of New York (MSSNY) to provide Continuing Medical Education for physicians.

AMA Credit Designation

Vassar Brothers Continuing Medical Education designates this live educational activity for a maximum of **4.50 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Physicians should only claim credit as faculty for presentations that are original and presented for the first time.

Nursing Accreditation

Contact Hours

4.50 CME = 4.50 contact hours

<http://www.nursecredentialing.org/RenewalRequirements.aspx>

This event will offer a total of 4.50 Contact Hours.

AAPA Accreditation

AAPA accepts certificates of participation for educational activities certified for Category 1 from AOACCME, prescribed credit from AAFP, and AMA/PRA Category 1 Credit[™] from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum 4.50 of Category 1 credit for completing this program.

PT Accreditation

Vassar Brothers Medical Center is recognized by the New York State Education Departments State Board for Physical Therapy as an approved provider of physical therapy and physical therapist assistant continuing education. This activity has been approved for 4.5 hours.

OT Accreditation

4.5 CME = 4.5 units

To claim units, you must submit your certificate of attendance with the activity brochure to NBCOT. | <http://www.nbcot.org/pduchart>

Americans With Disabilities Act

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us to better serve you. Please notify us of your needs in advance of the program. Thank you.

Acknowledgements

Special Thanks To:

Angela Keleher, MD, Education Directors for the Breast Cancer Symposium

The Staff of Vassar Brothers CME

Disclosure

In accordance with the disclosure policies of Vassar Brothers CME, the effort is made to ensure balance, independence, objectivity and scientific rigor in all educational activities. These policies include resolving all conflicts of interest between faculty and commercial interests that might otherwise compromise the goal and educational integrity of this activity. All faculty members participating in this activity have disclosed all significant relationships – financial or otherwise – with the manufacturers or providers of products or services mentioned in the activity. The planners of this activity have reviewed these disclosures and have determined that the faculty relationships are not inappropriate in the context of their respective presentations and are consistent with the educational goals and integrity of the activity. Thus far the planners and faculty participants do not have any financial arrangements or affiliations with any commercial entities whose products, research or services may be discussed in these materials. Thus far no commercial funding has been accepted for the activity.

Directions

From New York City

Henry Hudson Parkway North to the Saw Mill River Parkway North to the Taconic State Parkway North to I-84 West to Exit 13 - Rt. 9 North. Continue North on Route 9 for approximately 15 miles, exit Route 9 at the Columbia Street / Rinaldi Boulevard Exit. Follow the signs to Rinaldi Boulevard. The Grandview will be on your left.

From Connecticut

Follow I-84 West to Exit 13 - Rt. 9 North. Continue North on Route 9 for approximately 15 miles, exit Route 9 at the Columbia Street / Rinaldi Boulevard Exit. Follow the signs to Rinaldi Boulevard. The Grandview will be on your left.

From Albany

New York Thruway (I-87) South to Exit 18, New Paltz. Right on Rt. 299 East, than Right on 9W South to Mid-Hudson Bridge, take the first exit on the Right – Route 9 South. Exit Route 9 at the Columbia Street / Rinaldi Boulevard Exit. Follow the signs to Rinaldi Boulevard. The Grandview will be on your left.

Breast Cancer Symposium

Faculty

Education Director



Angela Keleher, MD

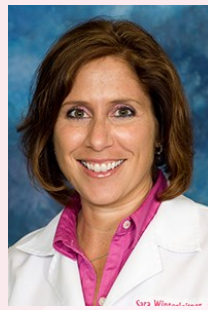
*Director, Breast Care Center at
Dyson Center for Cancer Care, VBMC
Lead Breast Surgeon*

Presenters



Susan Piergeorge, MS, RDN

*Nutritionist
Golden Door Spa*



Sara Winterleitner, NP

*Health Quest Medical Practice
Breast Care Center at Dyson Center for
Cancer Care*



Julia Schaefer-Cuttillo, MD

*Oncologist
Hudson Valley Hematology Oncology
Associates*



Kevin Bethke, MD

*Assistant Professor, Breast Surgery
Northwestern University Feinberg School
of Medicine*



Russell Karp, MD

*Radiologist
DRA Imaging*



Karoline Nowillo, MD

*Plastic Surgeon
Mount Kisco Medical Group*



Nadia Elkarra, MD

*Clinical Research Manager
Clinical Research, VBMC*



Kenneth Pollock, PhD

*Psychologist
NY Medical College Psychiatry*

Breast Cancer Symposium

Schedule

- 11:30am – 12:00pm – REGISTRATION & LIGHT LUNCH
- 12:00pm – 12:15pm – **Welcome & Introduction to New Breast Cancer Center**
– Angela Keleher, MD, FACS
- 12:15pm – 1:15pm – **What is in my Food?**
– Susan Piergeorge, MS, RDN
- 1:15pm – 1:55pm – **Obesity, Exercise and Breast Cancer**
– Angela Keleher, MD, FACS
- 1:15pm – 1:55pm – **Debunking the Myths of Mammograms**
– Russell Karp, MD
- 1:55pm – 2:00pm – **Question Panel**
- 2:00pm – 2:15pm – BREAK
- 2:15pm – 2:45pm – **Immunotherapy and Breast Cancer: Emerging Data**
– Julia Schaefer-Cuttillo, MD
- 2:45pm – 3:05pm – **Trials for Breast Cancer Patients**
– Nadia Elkarra, MD
- 3:05pm – 3:25pm – **Survivorship**
– Sara Winterleitner, NP
- 3:25pm – 3:30pm – **Question Panel**
- 3:30pm – 3:45pm – BREAK
- 3:45pm – 4:15pm – **Treating Sexual Problems in Women with Breast Cancer: Biological, Psychological, & Relationship Perspectives**
– Kenneth Pollock
- 4:15pm – 4:35pm – **Nipple and Skin Sparing Surgical Techniques**
– Kevin Bethke, MD
- 4:35pm – 4:55pm – **Plastic Surgery: Implants**
– Karoline Nowillo, MD
- 4:55pm – 5:00pm – **Question Panel**
- 5:00pm **DINNER**

Online Resources

During the conference, the full digital syllabus will be available on the conference webpage: <http://vbmc.libguides.com/2015breast> You can view and take notes on this PDF syllabus on your mobile device through the free Adobe Reader app downloadable at <http://www.adobe.com/products/reader-mobile.html>.

Keep up-to-date on what other Vassar Brothers CME activities are offered on our website: <http://vbmc.libguides.com/CME>

On staff with Health Quest? Need research or information? Check out the Health Quest Knowledge Resources website: [infoDispensary](http://vbmc.libguides.com/infoDispensary) at <http://vbmc.libguides.com>.



Social Media

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[Vassar Brothers CME](https://www.pinterest.com/VassarBrothersCME)

Breast Cancer Symposium

REGISTRATION

Thursday, October 1, 2015

Hardcopy of Course Materials: \$5.00

Course Materials will be accessible online the week prior for all registrants to print at home or to download onto a mobile device at no cost.

PAY BY CHECK

<hr/>	
Name (Please Print)	Title (Credentials)
<hr/>	
Address	City /State /Zip
<hr/>	
Phone	*E-mail (please print)
<hr/>	
Organization/Hospital/Affiliation	

**We need your e-mail address in order to send you important activity information and online course materials.*

Check enclosed – Payable to Vassar Brothers Medical Center CME

**Mail to:
CME, Vassar Brothers Medical Center
45 Reade Place
Poughkeepsie NY 12601**

or

REGISTER ONLINE:
<https://cmetracker.net/HQ/Catalog>

**For further information,
e-mail: rbaker1@health-quest.org**

or

call: 845-483-6013