School of Nursing

"Nursing is an art — and if it is to be made an art, requires as exclusive a devotion, as hard a preparation as any painter’s work, for what is the training to do with dead canvas or cold marble, compared with having to do with the living body — the temple of God’s spirit. Nursing is an art which concerns every family in the world."

FLORENCE NIGHTINGALE.

Vassar Brothers Hospital
Poughkeepsie, New York
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William B. Sheldon
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Vassar Brothers Hospital

Assistant Director, School of Nursing
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Vassar College Training Camp for Nurses
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Vassar Brothers Hospital
Teachers' College, Columbia University

Instructor, Dietetics and Dietotherapy Theory
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Instructor of Dietetic Laboratory
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Peter Bent Brigham Hospital, Boston, Mass.

Instructor of Practical Dietotherapy
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Anesthetist and Supervisor of Pharmacy
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Vassar Brothers Hospital

First Assistant Anesthetist
Caroline B. Smith, R.N.
Vassar Brothers Hospital

Second Assistant Anesthetist
Marie Tschudin, R.N.
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Anna B. Eckerlein, R.N.
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Supervisor of Eye, Ear, Nose and Throat Department
Marion E. Pae, R.N.
Vassar Brothers Hospital

Supervisor of Surgical Wards
E. Marion Knapp, R.N.
Vassar Brothers Hospital
Teachers' College, Columbia University
Supervisor of Medical Wards
KATHERINE A. TREMPEE, R.N.
Vassar Brothers Hospital

Supervisor of Children's Ward
ALTA A. MCFARLAND, R.N.
Highland Rochester, Rochester, N. Y.
John Hopkins Hospital, Baltimore, Md.

Supervisor of Men's Semi-Private Ward
CAROLINE B. SMITH, R.N.
Vassar Brothers Hospital

Supervisor of Private Floor
MARIE M. TYLER, R.N.
Vassar Brothers Hospital

Supervisor of Private Obstetrical Floor
ELIZABETH M. FERGUSON, R.N.
Vassar Brothers Hospital

Supervisor of Delivery Rooms and Obstetrical Ward

Supervisor of Out Patient Department
GRACE A. SEASE, R.N.
Vassar Brothers Hospital

Supervisor of Emergency Department
MARIE TSCHUDIN, R.N.
Vassar Brothers Hospital
VASSAR BROTHERS HOSPITAL is so located that it commands one of the most beautiful views of the Hudson, an eight-mile outlook of the historic river, with a background of stately hills and a glimpse of the Catskills in the distance.

The hospital and nurses' homes are surrounded by broad lawns with fine old trees and shrubbery, making an ideal setting for a school of nursing.

The hospital is easily reached from all points in Poughkeepsie—the largest city between Albany and New York.

Vassar College and other institutions of learning make Poughkeepsie a centre of educational progress.

The hospital where the clinical experience is obtained has a capacity of 225 patients. Its equipment is of the best, including very complete X-ray, Physiotherapy and Pathology Departments, as well as the most modern facilities for the scientific preparation of food. Every improvement for the proper, scientific care of patients is afforded. The hospital supports an Out-Patient Department, which provides for the treatment of Surgical, Medical, Pediatric, Eye, Ear, Nose and Throat, Orthopedic, Prenatal and Neurological cases.
SCHOOL OF NURSING

The School of Nursing of Vassar Brothers Hospital was established in 1890. In 1905 the School registered with the Board of Regents of the University of the State of New York, thus being placed in the ranks of officially recognized schools of nursing of the State.

The course of education covers three years from the date of entrance. This includes the preliminary term of four and one-half months and three months affiliation for instruction in Pediatrics at the Babies' Hospital, Medical Centre, New York City. Students are admitted in September and February.

REQUIREMENTS FOR ADMISSION

Application for admission should be made in person or by letter (preferably in person) to the Director of the School of Nursing; and should be submitted as early as possible.

An applicant for admission must be a graduate of an accredited high school and hold a Regents diploma or its equivalent. Applicants who have completed a college entrance course will be given preference although an academic course that includes sciences, history and some language other than English is acceptable. All preparatory courses must include chemistry.

An applicant must submit a copy of her high school record.
signed by the principal of the high school from which she was graduated.

An applicant must be between eighteen and thirty-five years of age.

An applicant must submit a certificate of health from her family physician, also a statement from her family dentist. If tonsils are abnormal they should be removed before the applicant is admitted to the School. A further physical examination is made by the school physician during the preliminary period. All students receive a yearly physical examination.

The names of a clergyman and two responsible persons, not relatives, must be submitted with the application.

**EXPENSES**

There is no fee for tuition. Students receive maintenance and laundry from date of entrance. Students are required to purchase the uniforms used during the preliminary term. Information concerning this matter will be sent to the applicant with her accept-
ance. After the preliminary term, uniforms are furnished by the hospital. On the date of entrance students are required to make a deposit of $30.00 covering expense of registration and textbooks. If for any reason a student does not remain in the school no refund will be made. Textbooks become the property of the student if she is graduated from the school.

RECREATION

The nurses' homes are separate buildings located on the hospital grounds, thus making it possible for the nurses to enjoy complete relaxation and a generous amount of recreation when off duty. There is a tennis court; also recreation halls where indoor games are played and frequent dances and parties are held.

Kitchenettes are provided where nurses may prepare light refreshments.
HOURS OF DUTY

The preliminary term of four and one-half months is spent largely in demonstration work and study.

Probationers are in the wards for a part of the day. They are given three hours off duty daily. Student nurses are on duty from 7 a.m. to 7 p.m., and are allowed two hours off duty daily in addition to class and meal times.

Both probationers and student nurses are given an afternoon each week and a half day on Sundays and legal holidays.

VACATIONS

Three weeks vacation is allowed each year. Three days vacation is given upon the completion of each period of night duty.

LEAVE OF ABSENCE

Students will not be allowed during the course of instruction to nurse relatives at home or absent themselves for other personal reasons; absence is allowed only in extreme cases and for a limited time.
ILLNESS

Students when ill are cared for gratuitously by the hospital and attending physicians. Time lost through illness or for any other cause must be made up.

GRADUATION

Upon the completion of the three-years' training, students are awarded the pin and diploma of the school which entitles a graduate to apply for registration and license to practice as a registered nurse in the State of New York.

Graduation exercises are held each year during the month of June.

COURSE OF STUDY

Preliminary Period

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First Year, Second Semester

| Materia Medica                  | Advanced Nursing              |
| Diet in Disease                 | Massage                       |
Second Year
Medical Diseases
Pediatrics
Operating Room Technique
Obstetrics
Surgical Diseases
Communicable Diseases
Public Sanitation
Eye

Third Year
Nervous and Mental Diseases
Professional Problems and Ethics
Public Health Lectures
Ear, Nose and Throat

DESCRIPTION OF COURSES

Anatomy and Physiology
A course designed to give the student an intelligent understanding of the structure and function of the human body, essential as a basis for principles of nursing, other sciences and later study of pathological conditions.

Bacteriology and Pathology
A study of the development and fundamentals of bacteriology with emphasis on source and modes of infection, theories of immunity, pathogenic organisms, means of diagnosis and methods of prevention of disease.
In pathology, special attention is given to changes in tissue, tests, taking and caring for specimens.

Elementary Materia Medica
Introductory course in materia medica, dealing with weights and measures, symbols and abbreviations, in calculation and preparation of solutions and dosages, in care and methods of administration of drugs, and study of such therapeutic action as antiseptics and disinfectants.

Personal Hygiene
This course is planned to impress the student with the importance of prevention of disease and maintenance of a high standard of physical and mental health through the practice of the best health habits.

Nutrition and Cookery
A general study designed to familiarize the student with the problem of satisfying the nutritional needs of normal individuals and groups of people. General principles of cookery, care of food and service of trays.
Elementary Nursing
A study and practice of the elementary principles underlying nursing procedures. The course is given with lectures, recitations and demonstrations and is supplemented by practice in the classroom and later in the hospital under supervision. The course includes bandaging and Hospital Housekeeping.

Nursing Ethics
A brief course of talks and discussions of the principles of human behavior with special emphasis on the relations of the nurse to her patients and the community.

History of Nursing
A study of nursing from the prehistoric man to modern times. Particular attention is given to the movements in history and their effect on nursing.

First Year—Second Semester

Materia Medica
A study of drugs used in treatment and prevention of disease, including source, dosage, physiological and therapeutic effects.

Massage
A course in principles, general technique, manipulations and exercise of massage as used in nursing.

Diet in Disease
A study of the theories underlying and the results obtained from modern methods of dietary treatment of disease.

Advanced Nursing
This course is supplementary to the Principles and Practice of Nursing given in the Preliminary Course. The technique of some of the more advanced nursing procedures and some of the special treatments are demonstrated.

Second Year

Medical Diseases
The object of this course is to give the student nurse knowledge of the etiology, symptoms, treatment and prevention of the most common medical diseases. The class work is supplemented by clinics on the ward, and case studies are made to correlate classwork with experience on the wards. Included in general medical conditions are dermatology, tuberculosis, syphilis and gonorrhea.
Surgical Nursing
This course is comprised of lectures, classes and clinic, and deals with causes, treatment and prevention of surgical conditions. The subject includes general surgical conditions, gynecology and urology. The physician who lectures is assisted by the supervisor of the surgical department.

Pediatric (affiliation with Babies Hospital, New York City)
The course includes the normal physical, mental and social development of the child from birth to six years. It stresses the principles of infant feeding and the more common medical, surgical and orthopedic diseases of children.

Communicable Diseases
A course designed to give students a knowledge of the causes, prevention, symptoms and treatment of the common communicable diseases. It includes discussions of public health measures which aim to eliminate communicable disease and gives attention to the nursing technique involved in caring for patients with communicable diseases in either general hospitals or in hospitals for communicable diseases only.

Operating Room Technique
A course given by the operating room supervisor to give the students a knowledge of the methods and procedures in use in the operating rooms.

Obstetrics
Lectures, demonstrations and clinics concerning the physiology and anatomy and treatment of normal pregnancy, the signs and symptoms of the more common abnormalities and complications and the care and feeding of the newborn infant. The physicians who lecture are assisted by the supervisor of the obstetrical department.

Public Sanitation
A course given to the student nurse that she may be made conscious of the hygienic and public health problems of her community and that she realize her own responsibility to further the spread of a satisfactory public sanitation wherever her influence reaches. The course includes lectures, discussions and field trips to the city water filtration plant, a sewage disposal plant, a milk pasteurization plant and a model building for a nursery school.
Diseases of the Eye
A course including the anatomy and physiology of the eye, diseases of the eye and their treatment, both medically and surgically.

Third Year

Diseases of Ear, Nose and Throat
Classes and demonstrations dealing with the anatomy and physiology of the ear, nose and throat, the diseases of these organs and their treatment.

Nervous and Mental Nursing
A course including lectures and classes in the etiology and symptoms and treatment of the more common neurological conditions and the principles underlying the treatment of the mentally ill. An effort is made to teach the student nurses the cause of mental illness and the principle of mental adjustment to the social and economic conditions under which the individual lives. Clinics are held in a mental hospital parallel with the study of the diseases.

Professional Problems
The object of this course is to present the current problems of nursing and to familiarize the student with her responsibilities as a graduate nurse, to suggest direction of professional growth and to secure the active interest and co-operation of the student in furthering the ideals of the profession. The course includes consideration of nursing organizations and legislation. A brief study is made of opportunities in the various post-graduate fields of nursing.

Public Health
A course of lectures given by specialists in different branches of Public Health.
OPPORTUNITIES IN THE FIELD OF NURSING

Attractive Features of the Work

The most inspiring part of the work is the privilege of assisting in the wonderful results which are being accomplished by physicians and surgeons, and other leaders in the field of research and practical medicine. The nurse's work is an essential part of all these activities; and so she has a vital interest in every detail connected with them.

Institutional Work

As superintendent of a hospital, or of a school of nursing, as head nurse in hospital wards or operating rooms, as supervisor of dispensaries and clinics, there are always opportunities for rapid advancement.

Educational Work

As a nurse instructor in schools of nursing and as an instructor in Red Cross courses in “Home Care of the Sick,” the demand far exceeds the supply.

Public Health

As visiting, school, child welfare, medical, social service, airplane and industrial nurse, there are unlimited opportunities for full expression and use of all one's intellectual faculties, executive ability and instinct of service.

Private Duty

As a private duty nurse, the scope of usefulness is boundless. Contact with the individual and the family and her service to them makes her a strong Influence in the public health of the community.

Government Service

As an Army, Navy, Federal Public Health, or Red Cross nurse, a young woman may serve her country in peace and in war, at home and abroad.

Missionary Work

Home Missions in Labrador, Alaska, Mountain Regions of the South, and the Indian Reservations, need nurses. Foreign Missions in China, India, the Near East and elsewhere call unceasingly for nurses.

Home Life

As a mother, wife, or sister, a nurse's training lays the best possible preparation for a satisfactory family life.