Vassar Brothers Hospital

Bulletin of the School of Nursing

Two Calendar Year Program

Revised 1970
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OBJECTIVES of the School of Nursing

To provide opportunity for the student to acquire knowledge and skills which will enable him or her as a beginning Staff Nurse to:

1. Evaluate the needs of the individual patient based upon knowledge and skills acquired from the physical, social, behavioral sciences and clinical experience.

2. Plan total care for the patient.

3. Give competent care to the individual patient.

4. Make critical observations and report these accurately.

5. Assume the responsibilities of the individual living and working in a democratic society.

6. Recognize the need for continuing education to meet the changing needs of society.

7. Utilize opportunities for teaching basic health principles.

8. Accept the privileges and obligations as a member of the Nursing profession.
Nursing is the Social Science dedicated to the health and welfare of the individual, family and community.

Education is a continuous process of development based on mental, moral, spiritual and physical growth. Thus the ability and rate of acquiring, assimilating and using knowledge is dependent on individual background, intelligence, self-discipline and personal needs. Through guidance the learner under direction of the faculty develops qualities necessary for understanding people, learning to cooperate democratically with other groups and to become a contributing member of society.

The learning experiences proceed from the simple to the complex—offering challenging experiences in living and working with others, and offering opportunities to increase knowledge by building on past experiences. The program offers the nursing student a background in nursing sciences, biological and physical sciences, social sciences, communication skills, and leadership by classroom instruction, group discussion, group participation and guided clinical practice in the hospital and in the community. The faculty recognizes its responsibilities to be aware of the changing trends in Nursing and provide a program that reflects personal and professional growth of the student.
On April 27, 1887, the first patient was admitted to Vassar Brothers Hospital. In the years that have elapsed, many thousand patients have come to Vassar, many changes in the plant have taken place and vast changes have occurred in the care and treatment of the patients. Through the years Vassar Brothers Hospital has never lost sight of the desires of its founders, Matthew Vassar Jr. and John Guy Vassar — a hospital for the "sick, maimed or injured — for those who are unable to pay for their board and treatment therein, and for those — as can pay full or in part." Vassar Brothers Hospital, in the intervening years, has been able to serve the community faithfully and well because the foremost doctors of the area have served on the staff, because the trustees have been forward looking men and women — and because the people of the area through their generosity, have made it possible to build and build again a hospital that has kept abreast of the times. The number of patients coming to this hospital for care has increased greatly from the original 80 patients in 1887. A new seven-story wing, opened in 1969, makes it possible to care for over 16,500 patients each year.

Vassar Brothers Hospital School of Nursing was established in 1888. In 1905 the school was registered with the Board of Regents of the State of New York and is approved by the Division of Professional Education of the New York State Education Department. Since 1959 the school has been fully accredited by the National League for Nursing.

Learning experiences are provided in the fields of Medical, Surgical, Maternal-Child Health and Psychiatric Nursing. During the first year, science and humanity courses, receiving college credit, are taught at Dutchess Community College. Lectures, conferences, and experience in Psychiatric Nursing are given at Hudson River State Hospital, which, like the college, is located in Poughkeepsie.

Meeting the challenges of today's society, ours is a two calendar-year program affiliated with a modern general hospital with a diversity of clinical experiences available.
ADMISSION PROGRAM

Enrollment:
Young men, women and married students are admitted annually in September to the School of Nursing. The minimum age requirement is seventeen.

Application Procedure:
Application for admission to the School of Nursing is made to the Director of Education, Vassar Brothers Hospital School of Nursing, Reade Place, Poughkeepsie, New York 12601.
Applicants are advised to apply early in their senior year of high school. An application fee of ten dollars ($10.00) is charged for processing the candidate’s record and must accompany the application together with three wallet-sized photographs. Applicants are required to take, and achieve satisfactory scores on, pre-entrance nursing aptitude examinations. Information regarding examination fees and schedules for testing dates will be mailed to the applicant.

Requirements:
Scholastic:
1. The applicant must be a graduate of an accredited high school with a minimum of 16 credits.
2. The applicant should rank in the upper half of the high school class.
3. A composite average of 75% or better in the following required high school subjects:
   - English ........................................... 4 years
   - Social Studies ................................. 3 years
   - Algebra ......................................... 1 year
   - General Science .............................. 1 year
   - Biology or Chemistry ....................... 1 year
Additional mathematics, both biology and chemistry, and typing are recommended.
4. Obtain a satisfactory score on the New York State Regents Scholarship Examination or the New York State University Admissions Examination.

Health:
1. A physician’s certificate attesting to good mental and physical health, and successful immunization against certain diseases is required before admissions, as are certain laboratory test reports.
2. A dental examination also is required, and the report must be mailed to the School of Nursing before the student begins the program of studies.
3. The applicant must meet health requirements as determined on examination by the School of Nursing physician. Arrangements for the pre-admission medical examination are made by the School of Nursing following a tentative acceptance. The School Physician and Student Health Nurse evaluate all health considerations. Admission may be denied to any applicant who, in their opinion, does not meet the physical requirements of the nursing program.
4. An applicant, on admission to the program, must have hospitalization insurance coverage, either individual or family.

Personal:
A personal interview with a member of the Admissions Committee is requested following a careful review of credentials and performance on the pre-entrance nursing aptitude test. At this time, a tour of hospital and school facilities is arranged for interested applicants.
**Advanced Standing:**

A student who desires to enter with transfer credit will follow the admission procedure for all students. The student's record will be evaluated according to the following:

1. The admission requirements of Vassar Brothers Hospital School of Nursing.
2. Previous courses have been satisfactorily completed in an accredited institution with a grade of C or better.
3. Previous courses are comparable including college credit acquired.
4. Attendance at Vassar Brothers Hospital School of Nursing for a minimum of one year.

**Acceptance:**

Following a careful review of the applicants' records by the Admissions Committee, approved applicants are tentatively accepted pending satisfactory completion of their high school program and satisfactory results of the School's medical examination. A twenty-five dollar ($25.00) deposit toward tuition is required to hold the applicant's place in the September class.

**Re-admissions:**

A student who desires to re-enter the school after withdrawal should submit a written request to the Director of Education. A transcript of any education received at another institution since withdrawal should be submitted. The student's total record will be reviewed by the members of the Faculty Organization and re-acceptance will be determined by scholastic standing, personal qualifications, health and reason for withdrawal.

A student who has withdrawn or been dismissed from the school due to moral indiscretions is not eligible for readmission.
SCHEDULE OF FEES

FIRST YEAR
Bruck's Uniform Company .................................. $124.00
(order before August 1st) Paid Directly to Bruck's

DUTCHESS COMMUNITY COLLEGE
First Semester — due September
Tuition — New York State Resident ...................... $200.00
Tuition — Out of State Resident ......................... 400.00
Lab and Fees (approximate) .............................. 29.50
Books (approximate) ...................................... 48.00

VAASSAR BROTHERS HOSPITAL SCHOOL OF NURSING
Due September
Includes Books and Transportation ...................... 162.50
Room and Board .......................................... 115.00
Additional Fees .......................................... 45.00

Total due on admission .................................. $600.00
New York State Resident

DUTCHESS COMMUNITY COLLEGE
Second Semester — due February
Tuition — New York State Resident ...................... $200.00
Tuition — Out of State Resident ......................... $400.00
Lab and Fees (approximate) .............................. 29.50
Books (approximate) ...................................... 40.00

Total due February ....................................... $269.50
New York State Resident

DUTCHESS COMMUNITY COLLEGE
Third Semester — Due July
Tuition — New York State Resident ...................... $ 48.00
Tuition — Out of State Resident ......................... $96.00
Lab and Fees (approximate) .............................. None
Books (approximate) ...................................... 25.00

Total due July ........................................... $ 73.00
New York State Resident

SECOND YEAR
VAASSAR BROTHERS HOSPITAL SCHOOL OF NURSING
Due September
Tuition ..................................................... $350.00
Additional Fees ......................................... 50.00
Room and Board .......................................... 115.00

Total — Second Year .................................... $515.00

***Subject to change without notice.
FINANCIAL INFORMATION

Scholarships and Loans:

Scholarships awarded by the Women's Auxiliary of Vassar Brothers Hospital and the Switzer Foundation are available to students who need financial assistance. Application for these scholarships may be obtained by writing to the Director of Education, Vassar Brothers Hospital School of Nursing.

These scholarships are awarded on the basis of scholastic ability and need. The scholarships are given for one year.

Information concerning other scholarships available from the New York State Board of Regents and Community Agencies may be obtained from the Guidance Director of your high school.

Under the New York Higher Education Assistance Corporation, students may apply for low interest, long-term loans. Repayment of such loans begins after a student has graduated or withdrawn from the School of Nursing and may be spread out over a specified number of years.

Application for such a loan may be made upon acceptance or while a student is in actual attendance at the School of Nursing. Information is available at all Savings Banks in the state.

Students who are on scholarships are expected to maintain above average grades to merit recommendation for continuance of an award.

Refunds:

Tuition and/or fees are not refunded to a student who withdraws or is asked to resign, regardless of the length of time in the program.

Expenses:

Travel expenses to and from cooperating agencies and field trips are assumed by the School of Nursing.
ACADEMIC INFORMATION

Withdrawals:
A student who desires to withdraw from the school should make an appointment to see the Director of Education. A resignation, stating the reason, must be submitted in writing.

The faculty of the School of Nursing reserves the right to ask a student to withdraw from the School if her personal qualifications, health, conduct, or level of achievement seems to be such that continuance in the school is inadvisable.

Leave of Absence:
Leaves of Absence are not granted except for serious illness. If this should be an extended leave, the date of the student’s return and her placement in the program will be determined by the Director of Education in consultation with the faculty.

A student may not absent herself from the school without the permission of the Director. If a student assumes other major responsibilities such as marriage and consequent obligations, she may be requested to take a leave of absence.

Marriage Policies:
A student may marry while in the educational program if she complies with the policy stated in the Student Handbook. A letter from the parents stating their approval must be mailed directly to the Director of Education. A copy of the wedding certificate must be submitted for inclusion in the student’s record.

DUTCHESS COMMUNITY COLLEGE
ACADEMIC INFORMATION

Promotional Policies:
Students are to attend all scheduled classes and hospital clinical assignments unless excused by a member of the faculty.

A passing grade of 75% or C is required in each Nursing Course.

A student obtaining a quality point average below 1.80 at the end of a semester will be placed on probation.

A student obtaining a quality point average below 1.50 at the end of a semester will be dismissed from the school.

A student who is on probation is required to obtain a quality point average of 1.80 or above for the following semester work.

The quality point average for the semester is determined by assigning the following points for the grade obtained:

- A — 4 points
- B — 3 points
- C — 2 points
- D — 1 point

Students are expected to uphold the standards of the school and comply with the school policies as stated in the Student Handbook, which is given to each student on admission.

Upon satisfactory completion of the first semester of the freshman year, students receive the Cap of the School. A navy blue band is added to the Cap at the beginning of the senior year.

Graduation and Awards:
The diploma of Vassar Brothers Hospital School of Nursing is awarded to students who have satisfactorily completed all courses and areas of clinical study in the program.

A Blue Seal Diploma is awarded to those students who have maintained an average of A in all courses and areas of clinical study.

Recognition is given to students who have demonstrated outstanding ability in the educational program by the awarding of prizes and scholarships for advanced study at graduation.

Graduates of the School of Nursing are eligible for admission to the New York State licensing examination for registered professional nurses.

As a registered professional nurse, the graduate is eligible for membership in the American Nurses Association, National League for Nursing and Vassar Brothers Hospital School of Nursing Alumnae Association.
# Vassar Brothers Hospital School of Nursing

## First Year Curriculum Plan

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<th>1st Semester - 20 Weeks</th>
<th>2nd Semester - 20 Weeks</th>
<th>Summer Semester - 12 Weeks</th>
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<tbody>
<tr>
<td><strong>Course</strong></td>
<td><strong>Course</strong></td>
<td><strong>Course</strong></td>
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<tr>
<td><strong>D.C.C. Credit</strong></td>
<td><strong>D.C.C. Credit</strong></td>
<td><strong>D.C.C. Credit</strong></td>
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<tr>
<td><strong>Class Hrs.</strong></td>
<td><strong>Lab. Hrs.</strong></td>
<td><strong>Clin. Lab. Hrs.</strong></td>
</tr>
<tr>
<td><strong>Total Hours</strong></td>
<td><strong>Total Hours</strong></td>
<td><strong>Total Hours</strong></td>
</tr>
</tbody>
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| *English 100* | 3 | 48 | 48 |
| *English 101* | 3 | 48 |   |
| *Biology 109* | 4 | 40 | 32 |
| *Biology 110* | 4 | 48 | 32 |
| *Biology 122* | 2 | 36 | 36 |
| *Psychology 111* | 3 | 48 |   |
| *Psychology 201* | 3 | 48 |   |

**Fundamentals**

| Med.-Surg. Nursing I | 48 | 30 | 64 | 142 |
| Medical-Surgical Nursing II | 78 | 12 | 80 | 170 |

**Professional Adjustments**

| 15 | 15 | 15 |

**Total Hours**

| 243 | 62 | 64 | 369 |

**Vacation**

| 2 weeks |

**Average Class Hours Weekly**

| 16.9 |

**Average Clinical Hours Weekly**

| 3.6 |

**Average Total Hours Weekly**

| 20.5 |

*Courses taken at Dutchess Community College*
# Vassar Brothers Hospital School of Nursing

## Second Year Curriculum Plan

<table>
<thead>
<tr>
<th>COURSE</th>
<th>1st Semester - 15 Weeks</th>
<th>2nd Semester - 18 Weeks</th>
<th>Summer Semester - 18 Weeks</th>
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<tr>
<td>Medical-Surgical Nursing IV</td>
<td>140</td>
<td>294</td>
<td>434</td>
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<td>Maternal-Child Health Nursing</td>
<td>181</td>
<td></td>
<td>363</td>
</tr>
<tr>
<td>Professional Trends</td>
<td>30</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>TOTAL HOURS</td>
<td>170</td>
<td>294</td>
<td>464</td>
</tr>
<tr>
<td>Medical-Surgical Nursing V</td>
<td>126</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychiatric Nursing</td>
<td>40</td>
<td>80</td>
<td>160</td>
</tr>
<tr>
<td>TOTAL HOURS</td>
<td>100</td>
<td>80</td>
<td>286</td>
</tr>
<tr>
<td>VACATION — 4 Weeks</td>
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| Average Class Hours Weekly | 12.1 | 10. | 12.9 |
| Average Clinical Hours Weekly | 21.0 | 20.1 | 20.4 |
| Average Total Hours Weekly  | 33.1 | 30.1 | 33.3 |
DESCRIPTION OF COURSES

English 100  Introduction to Expository Writing  
3 cr. hrs.  
Dutchess Community College

A study of the elements of expository organization and basic rhetorical principles as well as an emphasis upon critical reading. The student will be helped to achieve an acceptable level of English usage.

Biology 109  Principles of Medical Science I  
4 cr. hrs.  
Dutchess Community College

The application of science principles from the areas of biology, chemistry and physics to the study of human anatomy and physiology.

Biology 122  Nutrition  
2 cr. hrs.  
Dutchess Community College

Study of the basic nutritional needs and the essentials of adequate diet for optimum health. Consideration is given to the physiological needs, environmental factors and cultural factors as related to dietary planning.

Social Science 103  Introduction to Behavioral Sciences  
3 cr. hrs.  
Dutchess Community College

A study of primary social institutions, the socialization process, forces of stability and change; the development of personality and the psychological foundations of individual development in terms of genetic, maturational and learning processes.

Fundamentals of Medical-Surgical Nursing I

Study of the nursing care common to all patients based on principles from the physical, biological and behavioral sciences. Laboratory and clinical experiences are provided to enable the student to learn to identify needs of the individual patient and develop skills in giving nursing care.

English 101  Composition: Language & Literature I  
3 cr. hrs.  
Dutchess Community College

A course designed to improve the student’s ability to use language with precision, clarity, and sensitivity. The student is made aware of resources of the English language through a study of its development, structure, meaning, and anesthetics. The short story, and the essay in its various forms, are studied. Critical thinking and effectiveness of expression are stressed.

Biology 110  Principles of Medical Science II  
4 cr. hrs.  
Dutchess Community College

The application of science principles from the areas of biology, chemistry and physics to the study of human anatomy and physiology. A continuation of Biology 109.

Psychology III  Psychological Principles I  
3 cr. hrs.  
Dutchess Community College

Emphasis is on major aspects of human behavior and its adaptation to the environment. Topics include motivation, emotional behavior learning, conditioning, and maturation.

Psychology 201  Mental Hygiene  
3 cr. hrs.  
Dutchess Community College

Study of the dynamics of human behavior with emphasis on normal personality development. A survey of the dynamics of adjustment including motivation, individual differences, learning theory and self concept.

Biology 211  Principles of Medical Science III  
3 cr. hrs.  
Dutchess Community College

A study of microorganisms of medical importance.
Medical-Surgical Nursing I, II, III, IV

Study of the major health problems of adults, including prevention; treatment by medication, radiation, diet, therapy and surgery; and rehabilitation. Principles of nursing care with consideration of the physiological, psychological and socio-economic significance of the disease and the relationship to the needs of the individual patient and his family are studied. Experience for practice in planning and giving nursing care to patients is provided in the hospital medical-surgical units, operating room, recovery room, out-patient clinics and physical medicine and rehabilitation department.

Maternal and Child Health

Study of the needs of the mother during all phases of the maternity cycle and the growth and development of the child through adolescence. Emphasis is on the normal family-centered aspects of care and health teaching. Complications of pregnancy and common health problems of children are studied with major consideration given to prevention and nursing care of the individual patient. Experiences for the student to learn to plan and apply principles of nursing care in both normal and abnormal conditions are provided in ante-partum clinics, obstetricians' offices, the labor and delivery unit, post-partum unit, newborn nursery, pediatric unit, nursery school and other community agencies.

Medical-Surgical Nursing V

Study of the nurse's role and responsibilities in mass disasters, and emergency situations, and as a leader of the nursing team. Topics are selected for seminar presentation related to broad problems of nursing care which will enrich previous learnings. Experiences are provided for planning and giving nursing care in the intensive care unit, the emergency room and as a leader of the nursing team.

Professional Trends

Study of historical trends in consideration of the development of nursing and the opportunities in the field of nursing. The ethical and legal responsibilities of a member of the nursing profession today are stressed.

Psychiatric Nursing

Study of the fundamental principles of the care of patients with mental illness including factors influencing behavior. The course is designed to help the student develop skills in interpersonal relations for use in all areas of nursing care and to gain an appreciation of mental health principles. Observation and experience is given at Hudson River State Hospital and other community agencies.
Residences:

Two residence buildings are maintained for student nurses. Joseph T. Tower Home accommodates 75 students and Mary Tower Home accommodates 32 students. The majority of rooms are adjoining single rooms. There are a few single rooms and double rooms.

Available for student use in each residence are kitchenettes, living rooms, recreational facilities and laundries. Student uniforms are laundered by the Hospital. A large auditorium with service kitchen is located in Joseph T. Tower Home.

The Director of Residences is in charge of the dormitories. A Housemother is on duty in each home, and is available to assist the student with her adjustments to dormitory living.

Male students will be responsible for their own housing within the community.

Married students are expected to live at home if commuting distance and facilities are reasonable.

Students who do not live on campus are responsible for their own transportation to and from the school.

Libraries:

The school of nursing maintains two libraries. The reference library, located in Joseph T. Tower Residence, contains many volumes and periodicals. A recreational library, containing novels and periodicals, is located in Mary Tower Residence.

Students also have access to the Dutchess Community College Library during the first year, and to the Medical Library within the hospital during both years.
**Student Government:**

All students are members of the Student Government Association. The Student Council and the Judiciary Board, both consisting of representatives from each class and advisors, are the governing and disciplinary bodies respectively of the Association. Students are encouraged to apply the principles of democracy in self-government.

The students also are encouraged to take an active part in the Student Nurses Association of New York State.

**Recreational Facilities:**

Various extra-curricular activities are available for student planning and participation.

Pianos, record players, radios and television are available in the recreation room of both residences. A sundeck is available in Joseph T. Tower Residence for sunbathing.

Students are encouraged to attend the lectures, plays, dances and other activities offered by local colleges, hospitals and organizations within the community. Many tickets to concerts and lectures are made available for student use.

Social activities such as parties, formal and informal dances, and sports activities such as basketball, bowling, ice skating, etc. are planned by the Student Government.

**Vacation:**

Four weeks vacation and seven holidays are granted each year. Students are to leave the school during vacation periods.

**Guidance**

The faculty offers to each student assistance with her individual adjustments to group living, the educational program, and to her professional and personal responsibilities. An advisor is assigned to each student on admission to the program. Periodic interviews provide an opportunity for problems of adjustment to be discussed. After the first six months, a student has the privilege of selecting as advisor or consulting any faculty member. Professional counseling is provided.

**Health:**

A program to promote and maintain the health of the student nurse is provided by the School of Nursing.

This program is under the direction of the school physician and the Director of Health, who is a graduate nurse. The health office and a two bed infirmary for student use is located in Joseph Tower Home. Routine examinations and treatment of minor illness are provided free of charge.

All students are required to have Hospitalization Insurance to be used for illness requiring hospital admission and treatment.

A student may have her own physician if she wishes upon recommendation of the school physician.

The school does not provide for dental care, eye examinations, eye glasses, or for the treatment of chronic or pre-existing conditions.
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